WESTMOORE WRESTLING

2023 FREESTYLE/GRECO WRESTLING

“Spring and Summer Wrestlers Make Winter Champions”

AGES – ELEMENTARY BOYS & GIRLS through HIGH SCHOOL MEN & WOMEN

DATES – TUESDAYS and THURSDAYS –Beginning MARCH 21, 2023! We will conduct practices through the National Tournament(s) and National Dual Events. We will post our Tournament Schedule as soon as OKUSA confirms the dates/locations of tournaments. We will host a tournament; date TBA.

TIMES – 5:00pm – 6:00pm Beginner Freestyle/Greco (Those New To Freestyle/Greco); 6:15pm – 7:45pm Advanced Freestyle/Greco (THOSE WITH EXPERIENCE IN FREESTYLE/GRECO). DOOR 22 WILL BE OPEN BY 4:20PM

LOCATION – WESTMOORE HIGH SCHOOL WRESTLING ROOM – enter door 22

COST – THERE IS NO COST TO ATTEND PRACTICE; THERE WILL BE A $20 FEE FOR A WWC (Westmoore Wrestling Club) SHIRT THAT WE WILL WEAR TO TOURNAMENTS. THERE WILL BE THE OCCASSIONAL $5 FEE WHEN WE HAVE A GUEST CLINICIAN – Our goal is to have a guest clinician once a week!

FREESTYLE/GRECO REMIND 101 – Take out your phone Enter this # 81010; Text this message @3e6dkh

Must have a USA Card to compete in Tournaments

See our website for USA Card Purchasing Information – sign up under Westmoore Wrestling Club

[www.westmoorewrestling.org](http://www.westmoorewrestling.org)

Contact Information – Will Evans – Head Wrestling Coach – 918 549 8443